

September Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		9/1 Cheese, Spinach and Turkey Sausage Pizza with Corn and Oranges	9/2 Bean and Cheese Burritos, Corn, Pineapples	9/3 Chicken Salad on Croissants, Carrots and Celery with Ranch, Pears
CLOSED	9/6 Baked Cod, Mashed Sweet Potatoes, Broccoli Apples	9/7 Teriyaki Chicken, Lo Mein Noodles, Cabbage, Pineapples	9/8 Spaghetti and Meatballs Mixed Veggies, Garlic Bread	9/9 Cheese Pizza, Garden Salad, Watermelon ***Green beans for infants and toddlers
9/13 Turkey Burgers with Baked Beans, Cucumber Salad, Tropical Fruit	9/14 Sloppy Joe, Tater Tots, Corn and Pears	9/15 Baked Turkey Ziti, Mixed Veggie, Garlic Bread Mandarin Oranges	9/16 Fish Tacos, Black beans, Lettuce, Salsa and sour cream, Apples	9/17 Breaded Chicken Sandwich on Wheat, Sweet Potato Fries, Pineapples
9/20 Tuna on Croissants, Pickles and Potatoes Wedges, Peaches	9/21 Curry Chicken, Yellow Rice, Cabbage, and Tropical Fruit	9/22 Turkey Wrap, Potato Salad Pickels and Bananas	9/23 Chicken Alfredo, Caesar Salad, French Bread Apples	9/24 Veggie Pizza, Corn, Watermelon
9/27 Mexican Pie, Spanish Rice, Oranges	9/28 BBQ Chicken, Green beans Sweet Potato Mash, Pears	9/29 Turkey Burgers Tater Tots, Broccoli Pineapples	9/30 Baked Cod, Rice and Sweet Peas Peaches	

***Infant/Toddler Vegetable Substitute



September Breakfast and Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		9/1 French Toast, Apple Sauce and Milk Snack: Cheese, Crackers, and Turkey Slices	9/2 English Muffins with Fruit Spread, Oranges and Milk Snack: Cereal Bars and Mangos	9/3 Bagels with cream cheese, Tropical fruit, and Milk Snack: Pita bread, Celery and Sun Butter
9/6 Cheerios, Pears and Milk Snack: Pretzels with Cheese	9/7 Waffles, Blueberries and Milk Snacks: Bagel Bites, Cream Cheese and Mandarin oranges	9/8 Strawberry Muffin, Banana with Milk Snack: Graham Crackers with Sun butter	9/9 Cinnamon Toast, Apple Sauce with Milk Snack: Carrots with Ranch Dressing and Mixed Fruit	9/10 Yogurt and Fruit Parfaits Snack: Cereal Bars with watermelon
9/13 Rice Crispy with Melons and Milk Snack: Gramham Crackers and Sun Butter	9/14 Oatmeal with Raisin and Cantaloupe and Milk Snack: Goldfish and Apple Sauce	9/15 Pancakes with Blueberries And Milk Snack: Chex Mix with Peaches	9/16 WG Biscuits with fruit spread Snack: Cereal Bars, Pineapples	9/17 Apple Cinnamon Muffin with Bananas with Milk Snack: Apples and Sun butter
9/20 Cheerios with Tropical Fruit Snack: Granola Bars, with Assorted Cheese Cubes	9/21 Cheese Omelet with Toast Snack: Gramham Crackers and Oranges	9/22 Pancakes, Turkey Sauge Mixed Fruit Snack: String Cheese and Mangos	9/23 Biscuits, Fruit Spread with Apples and Milk Snack: Carrots with Ranch and Pretzels	9/24 Blueberry Muffin, Yogurt With Milk Apples and Sun Butter
9/27 Rice Crispy with Peaches Pretzels with Pears	9/28 Grits and Biscuits with Fruit Spread Celery and Hummus	9/29 Apple Cinnamon Muffin with Bananas Crackers and Sun Butter Tropical Fruit	9/30 French Toasts with Apples Cereal Bars with Watermelon	

