

Menu March 2018

	Monday, 03/05	Tuesday, 03/06	Wednesday, 03/07	Thursday, 03/08	Friday, 03/09
Breakfast	Corn Puff Cereal,	Wheat Bagel w/	Cinnamon	Banana Muffins,	Vanilla Yogurt,
	Banana, Milk	Cream Cheese, Fresh	Pancakes, *Fresh	Fresh Sliced	Diced
		Sliced Apples, Milk	Sliced Pears, Milk	Grapefruit, Milk	*Strawberries,
				•	Toasted Oats, Milk
Lunch	Chicken Salad,	Wheat Biscuit, Turkey	Tuna Wraps, Peas &	Spinach Salad,	Sloppy Joe on
	Wheat Crackers,	Sausage, Hash brown	Carrots, Peaches,	Veggie Burger on	Wheat, Sweet
	Carrot Sticks,	Patty, Fresh Sliced	Milk	Wheat, Fresh Sliced	Potato Patty,
	Applesauce, Milk	Melon, Milk		Assorted Fruit, Milk	Fresh Sliced
					Oranges, Milk
Snack	Graham Crackers,	Cream Cheese	Tomato Pasta Salad,	Blueberry Corn	Frozen Strawberry
SHUCK	*Pineapples, Water	Crepe, Banana,	String Cheese,	Bread Squares,	Treat, Wheat
	Tilleuppies, water	Water	Water	*Mango, Water	Crackers, Water
	Monday, 03/12	Tuesday, 03/13	Wednesday, 03/14	Thursday, 03/15	Friday, 03/16
Pro al (fact	Cinnamon Toasted				
Breakfast		Blueberry Muffins,	Waffles,	Cinnamon Toast,	Apple Oatmeal,
	Oats, Banana, Milk	Fresh Sliced Oranges, Milk	*Strawberries, Milk	Fresh Sliced Apples, Milk	Applesauce, Milk
Lunch	Garlic Greek	Turkey Stromboli on	Chicken Pot Pie,	Creamy Red	Chicken
	Chicken w/	Wheat, Green Beans,	Mango, Milk	Pepper Roasted	Parmesan, Fresh
	Zucchinis, Wheat	*Pineapples, Milk		Penne, Lima Beans,	Greek Salad,
	Dinner Roll, *Mixed			Fresh Sliced	Garlic Bread,
	Fruit, Milk			Honeydew, Milk	Fresh Sliced
				,	Oranges, Milk
Snack	Apple "Nachos",	Fruity Sun Butter	*Peaches, Saltine	*Mixed Fruit,	Fruit Smoothie,
	Cheddar Cheese,	Stuffed Pita Pockets	Crackers, Water	Cinnamon Pita	Wheat Crackers,
	Water	(sliced fresh fruit),		Triangles, Water	Water
		Water			
	Monday, 03/19	Tuesday, 03/20	Wednesday, 03/21	Thursday, 03/22	Friday, 03/23
Breakfast	Monday, 03/19	Tuesday, 03/20 Blueberry Bagel w/	Wednesday, 03/21 Pancakes, Fresh	Thursday, 03/22 Cheesy	Friday, 03/23 Vanilla Yogurt,
Breakfast	Monday, 03/19	Blueberry Bagel w/	Pancakes, Fresh	Cheesy	Vanilla Yogurt,
Breakfast	Monday, 03/19	Blueberry Bagel w/ Cream Cheese, Fresh		Cheesy Cornbread, *Fresh	Vanilla Yogurt, Diced
Breakfast	Monday, 03/19	Blueberry Bagel w/	Pancakes, Fresh	Cheesy Cornbread, *Fresh Sliced Grapefruit,	Vanilla Yogurt, Diced *Strawberries,
	Monday, 03/19	Blueberry Bagel w/ Cream Cheese, Fresh Sliced Apples, Milk	Pancakes, Fresh Sliced Pears, Milk	Cheesy Cornbread, *Fresh Sliced Grapefruit, Milk	Vanilla Yogurt, Diced *Strawberries, Toasted Oats, Mill
Breakfast Lunch	Monday, 03/19	Blueberry Bagel w/ Cream Cheese, Fresh Sliced Apples, Milk Turkey Sandwiches on	Pancakes, Fresh Sliced Pears, Milk Smothered Chicken	Cheesy Cornbread, *Fresh Sliced Grapefruit, Milk Fiesta Rice Salad	Vanilla Yogurt, Diced *Strawberries, Toasted Oats, Mill Turkey Ham Pizza
		Blueberry Bagel w/ Cream Cheese, Fresh Sliced Apples, Milk Turkey Sandwiches on Wheat, Fresh Sliced	Pancakes, Fresh Sliced Pears, Milk Smothered Chicken w/ Rosemary	Cheesy Cornbread, *Fresh Sliced Grapefruit, Milk Fiesta Rice Salad Bowl, (Corn, black	Vanilla Yogurt, Diced *Strawberries, Toasted Oats, Mill Turkey Ham Pizza on English Muffin
	DHCDC CLOSED	Blueberry Bagel w/ Cream Cheese, Fresh Sliced Apples, Milk Turkey Sandwiches on Wheat, Fresh Sliced Honeydew, Celery &	Pancakes, Fresh Sliced Pears, Milk Smothered Chicken w/ Rosemary Potatoes, Corn	Cheesy Cornbread, *Fresh Sliced Grapefruit, Milk Fiesta Rice Salad Bowl, (Corn, black beans, roasted red	Vanilla Yogurt, Diced *Strawberries, Toasted Oats, Mill Turkey Ham Pizza on English Muffin w/Alfredo Sauce,
	DHCDC CLOSED FOR PROFESSIONAL	Blueberry Bagel w/ Cream Cheese, Fresh Sliced Apples, Milk Turkey Sandwiches on Wheat, Fresh Sliced Honeydew, Celery & Carrot Sticks w/	Pancakes, Fresh Sliced Pears, Milk Smothered Chicken w/ Rosemary Potatoes, Corn Bread, *Diced	Cheesy Cornbread, *Fresh Sliced Grapefruit, Milk Fiesta Rice Salad Bowl, (Corn, black beans, roasted red pepper, tomatoes,	Vanilla Yogurt, Diced *Strawberries, Toasted Oats, Mill Turkey Ham Pizza on English Muffin w/Alfredo Sauce, Strawberry
	DHCDC CLOSED	Blueberry Bagel w/ Cream Cheese, Fresh Sliced Apples, Milk Turkey Sandwiches on Wheat, Fresh Sliced Honeydew, Celery &	Pancakes, Fresh Sliced Pears, Milk Smothered Chicken w/ Rosemary Potatoes, Corn	Cheesy Cornbread, *Fresh Sliced Grapefruit, Milk Fiesta Rice Salad Bowl, (Corn, black beans, roasted red pepper, tomatoes, cheese, spinach),	Vanilla Yogurt, Diced *Strawberries, Toasted Oats, Mill Turkey Ham Pizza on English Muffin w/Alfredo Sauce, Strawberry Spinach Salad,
	DHCDC CLOSED FOR PROFESSIONAL	Blueberry Bagel w/ Cream Cheese, Fresh Sliced Apples, Milk Turkey Sandwiches on Wheat, Fresh Sliced Honeydew, Celery & Carrot Sticks w/	Pancakes, Fresh Sliced Pears, Milk Smothered Chicken w/ Rosemary Potatoes, Corn Bread, *Diced	Cheesy Cornbread, *Fresh Sliced Grapefruit, Milk Fiesta Rice Salad Bowl, (Corn, black beans, roasted red pepper, tomatoes, cheese, spinach), Fresh Sliced	Vanilla Yogurt, Diced *Strawberries, Toasted Oats, Milk Turkey Ham Pizza on English Muffin w/Alfredo Sauce, Strawberry
Lunch	DHCDC CLOSED FOR PROFESSIONAL	Blueberry Bagel w/ Cream Cheese, Fresh Sliced Apples, Milk Turkey Sandwiches on Wheat, Fresh Sliced Honeydew, Celery & Carrot Sticks w/ Ranch, Milk	Pancakes, Fresh Sliced Pears, Milk Smothered Chicken w/ Rosemary Potatoes, Corn Bread, *Diced Apples, Milk	Cheesy Cornbread, *Fresh Sliced Grapefruit, Milk Fiesta Rice Salad Bowl, (Corn, black beans, roasted red pepper, tomatoes, cheese, spinach),	Vanilla Yogurt, Diced *Strawberries, Toasted Oats, Milk Turkey Ham Pizza on English Muffin w/Alfredo Sauce, Strawberry Spinach Salad, *Mixed Fruit, Milk
	DHCDC CLOSED FOR PROFESSIONAL	Blueberry Bagel w/ Cream Cheese, Fresh Sliced Apples, Milk Turkey Sandwiches on Wheat, Fresh Sliced Honeydew, Celery & Carrot Sticks w/ Ranch, Milk Cream Cheese	Pancakes, Fresh Sliced Pears, Milk Smothered Chicken w/ Rosemary Potatoes, Corn Bread, *Diced Apples, Milk Tomato Pasta Salad,	Cheesy Cornbread, *Fresh Sliced Grapefruit, Milk Fiesta Rice Salad Bowl, (Corn, black beans, roasted red pepper, tomatoes, cheese, spinach), Fresh Sliced	Vanilla Yogurt, Diced *Strawberries, Toasted Oats, Milk Turkey Ham Pizza on English Muffin w/Alfredo Sauce, Strawberry Spinach Salad, *Mixed Fruit, Milk Frozen Strawberry
Lunch	DHCDC CLOSED FOR PROFESSIONAL	Blueberry Bagel w/ Cream Cheese, Fresh Sliced Apples, Milk Turkey Sandwiches on Wheat, Fresh Sliced Honeydew, Celery & Carrot Sticks w/ Ranch, Milk Cream Cheese Crepes, Banana,	Pancakes, Fresh Sliced Pears, Milk Smothered Chicken w/ Rosemary Potatoes, Corn Bread, *Diced Apples, Milk Tomato Pasta Salad, String Cheese,	Cheesy Cornbread, *Fresh Sliced Grapefruit, Milk Fiesta Rice Salad Bowl, (Corn, black beans, roasted red pepper, tomatoes, cheese, spinach), Fresh Sliced Cantaloupe, Milk	Vanilla Yogurt, Diced *Strawberries, Toasted Oats, Milk Turkey Ham Pizza on English Muffin w/Alfredo Sauce, Strawberry Spinach Salad, *Mixed Fruit, Milk Frozen Strawberry Treat, Wheat
Lunch	DHCDC CLOSED FOR PROFESSIONAL DEVELOPMENT DAY	Blueberry Bagel w/ Cream Cheese, Fresh Sliced Apples, Milk Turkey Sandwiches on Wheat, Fresh Sliced Honeydew, Celery & Carrot Sticks w/ Ranch, Milk Cream Cheese Crepes, Banana, Water	Pancakes, Fresh Sliced Pears, Milk Smothered Chicken w/ Rosemary Potatoes, Corn Bread, *Diced Apples, Milk Tomato Pasta Salad, String Cheese, Water	Cheesy Cornbread, *Fresh Sliced Grapefruit, Milk Fiesta Rice Salad Bowl, (Corn, black beans, roasted red pepper, tomatoes, cheese, spinach), Fresh Sliced Cantaloupe, Milk Blueberry Squares, *Mango, Water	Vanilla Yogurt, Diced *Strawberries, Toasted Oats, Mill Turkey Ham Pizza on English Muffin w/Alfredo Sauce, Strawberry Spinach Salad, *Mixed Fruit, Milk Frozen Strawberry Treat, Wheat Crackers, Water
Lunch Snack	DHCDC CLOSED FOR PROFESSIONAL DEVELOPMENT DAY	Blueberry Bagel w/ Cream Cheese, Fresh Sliced Apples, Milk Turkey Sandwiches on Wheat, Fresh Sliced Honeydew, Celery & Carrot Sticks w/ Ranch, Milk Cream Cheese Crepes, Banana, Water Tuesday, 03/27	Pancakes, Fresh Sliced Pears, Milk Smothered Chicken w/ Rosemary Potatoes, Corn Bread, *Diced Apples, Milk Tomato Pasta Salad, String Cheese, Water Wednesday, 03/28	Cheesy Cornbread, *Fresh Sliced Grapefruit, Milk Fiesta Rice Salad Bowl, (Corn, black beans, roasted red pepper, tomatoes, cheese, spinach), Fresh Sliced Cantaloupe, Milk Blueberry Squares, *Mango, Water Thursday, 03/29	Vanilla Yogurt, Diced *Strawberries, Toasted Oats, Mill Turkey Ham Pizza on English Muffin w/Alfredo Sauce, Strawberry Spinach Salad, *Mixed Fruit, Milk Frozen Strawberry Treat, Wheat Crackers, Water Friday, 03/30
Lunch	DHCDC CLOSED FOR PROFESSIONAL DEVELOPMENT DAY	Blueberry Bagel w/ Cream Cheese, Fresh Sliced Apples, Milk Turkey Sandwiches on Wheat, Fresh Sliced Honeydew, Celery & Carrot Sticks w/ Ranch, Milk Cream Cheese Crepes, Banana, Water Tuesday, 03/27 Cinnamon Toast,	Pancakes, Fresh Sliced Pears, Milk Smothered Chicken w/ Rosemary Potatoes, Corn Bread, *Diced Apples, Milk Tomato Pasta Salad, String Cheese, Water Wednesday, 03/28 Waffles,	Cheesy Cornbread, *Fresh Sliced Grapefruit, Milk Fiesta Rice Salad Bowl, (Corn, black beans, roasted red pepper, tomatoes, cheese, spinach), Fresh Sliced Cantaloupe, Milk Blueberry Squares, *Mango, Water Thursday, 03/29 Applesauce	Vanilla Yogurt, Diced *Strawberries, Toasted Oats, Mill Turkey Ham Pizza on English Muffin w/Alfredo Sauce, Strawberry Spinach Salad, *Mixed Fruit, Milk Frozen Strawberry Treat, Wheat Crackers, Water Friday, 03/30 Apple Oatmeal,
Lunch Snack	DHCDC CLOSED FOR PROFESSIONAL DEVELOPMENT DAY	Blueberry Bagel w/ Cream Cheese, Fresh Sliced Apples, Milk Turkey Sandwiches on Wheat, Fresh Sliced Honeydew, Celery & Carrot Sticks w/ Ranch, Milk Cream Cheese Crepes, Banana, Water Tuesday, 03/27 Cinnamon Toast, Fresh Sliced Apples,	Pancakes, Fresh Sliced Pears, Milk Smothered Chicken w/ Rosemary Potatoes, Corn Bread, *Diced Apples, Milk Tomato Pasta Salad, String Cheese, Water Wednesday, 03/28	Cheesy Cornbread, *Fresh Sliced Grapefruit, Milk Fiesta Rice Salad Bowl, (Corn, black beans, roasted red pepper, tomatoes, cheese, spinach), Fresh Sliced Cantaloupe, Milk Blueberry Squares, *Mango, Water Thursday, 03/29 Applesauce Muffins, Fresh	Vanilla Yogurt, Diced *Strawberries, Toasted Oats, Milk Turkey Ham Pizza on English Muffin w/Alfredo Sauce, Strawberry Spinach Salad, *Mixed Fruit, Milk Frozen Strawberry Treat, Wheat Crackers, Water Friday, 03/30 Apple Oatmeal, Fresh Sliced Pears
Lunch Snack	DHCDC CLOSED FOR PROFESSIONAL DEVELOPMENT DAY	Blueberry Bagel w/ Cream Cheese, Fresh Sliced Apples, Milk Turkey Sandwiches on Wheat, Fresh Sliced Honeydew, Celery & Carrot Sticks w/ Ranch, Milk Cream Cheese Crepes, Banana, Water Tuesday, 03/27 Cinnamon Toast,	Pancakes, Fresh Sliced Pears, Milk Smothered Chicken w/ Rosemary Potatoes, Corn Bread, *Diced Apples, Milk Tomato Pasta Salad, String Cheese, Water Wednesday, 03/28 Waffles,	Cheesy Cornbread, *Fresh Sliced Grapefruit, Milk Fiesta Rice Salad Bowl, (Corn, black beans, roasted red pepper, tomatoes, cheese, spinach), Fresh Sliced Cantaloupe, Milk Blueberry Squares, *Mango, Water Thursday, 03/29 Applesauce Muffins, Fresh Sliced Oranges,	Vanilla Yogurt, Diced *Strawberries, Toasted Oats, Mill Turkey Ham Pizza on English Muffin w/Alfredo Sauce, Strawberry Spinach Salad, *Mixed Fruit, Milk Frozen Strawberry Treat, Wheat Crackers, Water Friday, 03/30 Apple Oatmeal,
Lunch Snack Breakfast	DHCDC CLOSED FOR PROFESSIONAL DEVELOPMENT DAY	Blueberry Bagel w/ Cream Cheese, Fresh Sliced Apples, Milk Turkey Sandwiches on Wheat, Fresh Sliced Honeydew, Celery & Carrot Sticks w/ Ranch, Milk Cream Cheese Crepes, Banana, Water Tuesday, 03/27 Cinnamon Toast, Fresh Sliced Apples, Milk	Pancakes, Fresh Sliced Pears, Milk Smothered Chicken w/ Rosemary Potatoes, Corn Bread, *Diced Apples, Milk Tomato Pasta Salad, String Cheese, Water Wednesday, 03/28 Waffles, *Strawberries, Milk	Cheesy Cornbread, *Fresh Sliced Grapefruit, Milk Fiesta Rice Salad Bowl, (Corn, black beans, roasted red pepper, tomatoes, cheese, spinach), Fresh Sliced Cantaloupe, Milk Blueberry Squares, *Mango, Water Thursday, 03/29 Applesauce Muffins, Fresh Sliced Oranges, Milk	Vanilla Yogurt, Diced *Strawberries, Toasted Oats, Mill Turkey Ham Pizza on English Muffin w/Alfredo Sauce, Strawberry Spinach Salad, *Mixed Fruit, Milk Frozen Strawberry Treat, Wheat Crackers, Water Friday, 03/30 Apple Oatmeal, Fresh Sliced Pears Milk
Lunch Snack	DHCDC CLOSED FOR PROFESSIONAL DEVELOPMENT DAY Monday, 03/26 Corn Puff Cereal, Banana, Milk Tuna Salad, Wheat	Blueberry Bagel w/ Cream Cheese, Fresh Sliced Apples, Milk Turkey Sandwiches on Wheat, Fresh Sliced Honeydew, Celery & Carrot Sticks w/ Ranch, Milk Cream Cheese Crepes, Banana, Water Tuesday, 03/27 Cinnamon Toast, Fresh Sliced Apples, Milk Chicken Fried Rice,	Pancakes, Fresh Sliced Pears, Milk Smothered Chicken w/ Rosemary Potatoes, Corn Bread, *Diced Apples, Milk Tomato Pasta Salad, String Cheese, Water Wednesday, 03/28 Waffles, *Strawberries, Milk Blackened Salmon	Cheesy Cornbread, *Fresh Sliced Grapefruit, Milk Fiesta Rice Salad Bowl, (Corn, black beans, roasted red pepper, tomatoes, cheese, spinach), Fresh Sliced Cantaloupe, Milk Blueberry Squares, *Mango, Water Thursday, 03/29 Applesauce Muffins, Fresh Sliced Oranges, Milk Loaded Red	Vanilla Yogurt, Diced *Strawberries, Toasted Oats, Mill Turkey Ham Pizza on English Muffin w/Alfredo Sauce, Strawberry Spinach Salad, *Mixed Fruit, Milk Frozen Strawberry Treat, Wheat Crackers, Water Friday, 03/30 Apple Oatmeal, Fresh Sliced Pears Milk BBQ Pulled
Lunch Snack Breakfast	DHCDC CLOSED FOR PROFESSIONAL DEVELOPMENT DAY Monday, 03/26 Corn Puff Cereal, Banana, Milk Tuna Salad, Wheat Crackers, Carrot	Blueberry Bagel w/ Cream Cheese, Fresh Sliced Apples, Milk Turkey Sandwiches on Wheat, Fresh Sliced Honeydew, Celery & Carrot Sticks w/ Ranch, Milk Cream Cheese Crepes, Banana, Water Tuesday, 03/27 Cinnamon Toast, Fresh Sliced Apples, Milk	Pancakes, Fresh Sliced Pears, Milk Smothered Chicken w/ Rosemary Potatoes, Corn Bread, *Diced Apples, Milk Tomato Pasta Salad, String Cheese, Water Wednesday, 03/28 Waffles, *Strawberries, Milk Blackened Salmon Wraps w/ Tartar	Cheesy Cornbread, *Fresh Sliced Grapefruit, Milk Fiesta Rice Salad Bowl, (Corn, black beans, roasted red pepper, tomatoes, cheese, spinach), Fresh Sliced Cantaloupe, Milk Blueberry Squares, *Mango, Water Thursday, 03/29 Applesauce Muffins, Fresh Sliced Oranges, Milk Loaded Red Potatoes,	Vanilla Yogurt, Diced *Strawberries, Toasted Oats, Mill Turkey Ham Pizza on English Muffin w/Alfredo Sauce, Strawberry Spinach Salad, *Mixed Fruit, Milk Frozen Strawberry Treat, Wheat Crackers, Water Friday, 03/30 Apple Oatmeal, Fresh Sliced Pears Milk BBQ Pulled Chicken on
Lunch Snack Breakfast	DHCDC CLOSED FOR PROFESSIONAL DEVELOPMENT DAY Monday, 03/26 Corn Puff Cereal, Banana, Milk Tuna Salad, Wheat	Blueberry Bagel w/ Cream Cheese, Fresh Sliced Apples, Milk Turkey Sandwiches on Wheat, Fresh Sliced Honeydew, Celery & Carrot Sticks w/ Ranch, Milk Cream Cheese Crepes, Banana, Water Tuesday, 03/27 Cinnamon Toast, Fresh Sliced Apples, Milk Chicken Fried Rice,	Pancakes, Fresh Sliced Pears, Milk Smothered Chicken w/ Rosemary Potatoes, Corn Bread, *Diced Apples, Milk Tomato Pasta Salad, String Cheese, Water Wednesday, 03/28 Waffles, *Strawberries, Milk Blackened Salmon	Cheesy Cornbread, *Fresh Sliced Grapefruit, Milk Fiesta Rice Salad Bowl, (Corn, black beans, roasted red pepper, tomatoes, cheese, spinach), Fresh Sliced Cantaloupe, Milk Blueberry Squares, *Mango, Water Thursday, 03/29 Applesauce Muffins, Fresh Sliced Oranges, Milk Loaded Red	Vanilla Yogurt, Diced *Strawberries, Toasted Oats, Mill Turkey Ham Pizza on English Muffin w/Alfredo Sauce, Strawberry Spinach Salad, *Mixed Fruit, Milk Frozen Strawberry Treat, Wheat Crackers, Water Friday, 03/30 Apple Oatmeal, Fresh Sliced Pears Milk BBQ Pulled
Lunch Snack Breakfast	DHCDC CLOSED FOR PROFESSIONAL DEVELOPMENT DAY Monday, 03/26 Corn Puff Cereal, Banana, Milk Tuna Salad, Wheat Crackers, Carrot	Blueberry Bagel w/ Cream Cheese, Fresh Sliced Apples, Milk Turkey Sandwiches on Wheat, Fresh Sliced Honeydew, Celery & Carrot Sticks w/ Ranch, Milk Cream Cheese Crepes, Banana, Water Tuesday, 03/27 Cinnamon Toast, Fresh Sliced Apples, Milk Chicken Fried Rice, Sweet Peas & Carrots,	Pancakes, Fresh Sliced Pears, Milk Smothered Chicken w/ Rosemary Potatoes, Corn Bread, *Diced Apples, Milk Tomato Pasta Salad, String Cheese, Water Wednesday, 03/28 Waffles, *Strawberries, Milk Blackened Salmon Wraps w/ Tartar	Cheesy Cornbread, *Fresh Sliced Grapefruit, Milk Fiesta Rice Salad Bowl, (Corn, black beans, roasted red pepper, tomatoes, cheese, spinach), Fresh Sliced Cantaloupe, Milk Blueberry Squares, *Mango, Water Thursday, 03/29 Applesauce Muffins, Fresh Sliced Oranges, Milk Loaded Red Potatoes,	Vanilla Yogurt, Diced *Strawberries, Toasted Oats, Mill Turkey Ham Pizza on English Muffin w/Alfredo Sauce, Strawberry Spinach Salad, *Mixed Fruit, Milk Frozen Strawberry Treat, Wheat Crackers, Water Friday, 03/30 Apple Oatmeal, Fresh Sliced Pears Milk BBQ Pulled Chicken on
Lunch Snack Breakfast	DHCDC CLOSED FOR PROFESSIONAL DEVELOPMENT DAY Monday, 03/26 Corn Puff Cereal, Banana, Milk Tuna Salad, Wheat Crackers, Carrot Sticks, Applesauce,	Blueberry Bagel w/ Cream Cheese, Fresh Sliced Apples, Milk Turkey Sandwiches on Wheat, Fresh Sliced Honeydew, Celery & Carrot Sticks w/ Ranch, Milk Cream Cheese Crepes, Banana, Water Tuesday, 03/27 Cinnamon Toast, Fresh Sliced Apples, Milk Chicken Fried Rice, Sweet Peas & Carrots,	Pancakes, Fresh Sliced Pears, Milk Smothered Chicken w/ Rosemary Potatoes, Corn Bread, *Diced Apples, Milk Tomato Pasta Salad, String Cheese, Water Wednesday, 03/28 Waffles, *Strawberries, Milk Blackened Salmon Wraps w/ Tartar Sauce, Garden Salad w/ Italian	Cheesy Cornbread, *Fresh Sliced Grapefruit, Milk Fiesta Rice Salad Bowl, (Corn, black beans, roasted red pepper, tomatoes, cheese, spinach), Fresh Sliced Cantaloupe, Milk Blueberry Squares, *Mango, Water Thursday, 03/29 Applesauce Muffins, Fresh Sliced Oranges, Milk Loaded Red Potatoes, Vegetarian Beans, Fresh Sliced	Vanilla Yogurt, Diced *Strawberries, Toasted Oats, Mill Turkey Ham Pizza on English Muffin w/Alfredo Sauce, Strawberry Spinach Salad, *Mixed Fruit, Milk Frozen Strawberry Treat, Wheat Crackers, Water Friday, 03/30 Apple Oatmeal, Fresh Sliced Pears Milk BBQ Pulled Chicken on Wheat, Potato Salad, *Diced
Lunch Snack Breakfast	DHCDC CLOSED FOR PROFESSIONAL DEVELOPMENT DAY Monday, 03/26 Corn Puff Cereal, Banana, Milk Tuna Salad, Wheat Crackers, Carrot Sticks, Applesauce,	Blueberry Bagel w/ Cream Cheese, Fresh Sliced Apples, Milk Turkey Sandwiches on Wheat, Fresh Sliced Honeydew, Celery & Carrot Sticks w/ Ranch, Milk Cream Cheese Crepes, Banana, Water Tuesday, 03/27 Cinnamon Toast, Fresh Sliced Apples, Milk Chicken Fried Rice, Sweet Peas & Carrots,	Pancakes, Fresh Sliced Pears, Milk Smothered Chicken w/ Rosemary Potatoes, Corn Bread, *Diced Apples, Milk Tomato Pasta Salad, String Cheese, Water Wednesday, 03/28 Waffles, *Strawberries, Milk Blackened Salmon Wraps w/ Tartar Sauce, Garden Salad w/ Italian Dressing, Fresh Sliced	Cheesy Cornbread, *Fresh Sliced Grapefruit, Milk Fiesta Rice Salad Bowl, (Corn, black beans, roasted red pepper, tomatoes, cheese, spinach), Fresh Sliced Cantaloupe, Milk Blueberry Squares, *Mango, Water Thursday, 03/29 Applesauce Muffins, Fresh Sliced Oranges, Milk Loaded Red Potatoes, Vegetarian Beans, Fresh Sliced Oranges, Garlic	Vanilla Yogurt, Diced *Strawberries, Toasted Oats, Mill Turkey Ham Pizza on English Muffin w/Alfredo Sauce, Strawberry Spinach Salad, *Mixed Fruit, Milk Frozen Strawberry Treat, Wheat Crackers, Water Friday, 03/30 Apple Oatmeal, Fresh Sliced Pears Milk BBQ Pulled Chicken on Wheat, Potato
Lunch Snack Breakfast	DHCDC CLOSED FOR PROFESSIONAL DEVELOPMENT DAY Monday, 03/26 Corn Puff Cereal, Banana, Milk Tuna Salad, Wheat Crackers, Carrot Sticks, Applesauce, Milk	Blueberry Bagel w/ Cream Cheese, Fresh Sliced Apples, Milk Turkey Sandwiches on Wheat, Fresh Sliced Honeydew, Celery & Carrot Sticks w/ Ranch, Milk Cream Cheese Crepes, Banana, Water Tuesday, 03/27 Cinnamon Toast, Fresh Sliced Apples, Milk Chicken Fried Rice, Sweet Peas & Carrots, *Mango, Milk	Pancakes, Fresh Sliced Pears, Milk Smothered Chicken w/ Rosemary Potatoes, Corn Bread, *Diced Apples, Milk Tomato Pasta Salad, String Cheese, Water Wednesday, 03/28 Waffles, *Strawberries, Milk Blackened Salmon Wraps w/ Tartar Sauce, Garden Salad w/ Italian Dressing, Fresh Sliced Honeydew, Milk	Cheesy Cornbread, *Fresh Sliced Grapefruit, Milk Fiesta Rice Salad Bowl, (Corn, black beans, roasted red pepper, tomatoes, cheese, spinach), Fresh Sliced Cantaloupe, Milk Blueberry Squares, *Mango, Water Thursday, 03/29 Applesauce Muffins, Fresh Sliced Oranges, Milk Loaded Red Potatoes, Vegetarian Beans, Fresh Sliced Oranges, Garlic Bread, Milk	Vanilla Yogurt, Diced *Strawberries, Toasted Oats, Mill Turkey Ham Pizza on English Muffin w/Alfredo Sauce, Strawberry Spinach Salad, *Mixed Fruit, Milk Frozen Strawberry Treat, Wheat Crackers, Water Friday, 03/30 Apple Oatmeal, Fresh Sliced Pears Milk BBQ Pulled Chicken on Wheat, Potato Salad, *Diced Apples, Milk
Lunch Snack Breakfast	DHCDC CLOSED FOR PROFESSIONAL DEVELOPMENT DAY Monday, 03/26 Corn Puff Cereal, Banana, Milk Tuna Salad, Wheat Crackers, Carrot Sticks, Applesauce, Milk	Blueberry Bagel w/ Cream Cheese, Fresh Sliced Apples, Milk Turkey Sandwiches on Wheat, Fresh Sliced Honeydew, Celery & Carrot Sticks w/ Ranch, Milk Cream Cheese Crepes, Banana, Water Tuesday, 03/27 Cinnamon Toast, Fresh Sliced Apples, Milk Chicken Fried Rice, Sweet Peas & Carrots, *Mango, Milk Fruity Sun Butter	Pancakes, Fresh Sliced Pears, Milk Smothered Chicken w/ Rosemary Potatoes, Corn Bread, *Diced Apples, Milk Tomato Pasta Salad, String Cheese, Water Wednesday, 03/28 Waffles, *Strawberries, Milk Blackened Salmon Wraps w/ Tartar Sauce, Garden Salad w/ Italian Dressing, Fresh Sliced Honeydew, Milk *Peaches, Saltine	Cheesy Cornbread, *Fresh Sliced Grapefruit, Milk Fiesta Rice Salad Bowl, (Corn, black beans, roasted red pepper, tomatoes, cheese, spinach), Fresh Sliced Cantaloupe, Milk Blueberry Squares, *Mango, Water Thursday, 03/29 Applesauce Muffins, Fresh Sliced Oranges, Milk Loaded Red Potatoes, Vegetarian Beans, Fresh Sliced Oranges, Garlic Bread, Milk *Mixed Fruit,	Vanilla Yogurt, Diced *Strawberries, Toasted Oats, Milk Turkey Ham Pizza on English Muffin w/Alfredo Sauce, Strawberry Spinach Salad, *Mixed Fruit, Milk Frozen Strawberry Treat, Wheat Crackers, Water Friday, 03/30 Apple Oatmeal, Fresh Sliced Pears Milk BBQ Pulled Chicken on Wheat, Potato Salad, *Diced Apples, Milk Fruit Smoothie,
Lunch Snack Breakfast	DHCDC CLOSED FOR PROFESSIONAL DEVELOPMENT DAY Monday, 03/26 Corn Puff Cereal, Banana, Milk Tuna Salad, Wheat Crackers, Carrot Sticks, Applesauce, Milk	Blueberry Bagel w/ Cream Cheese, Fresh Sliced Apples, Milk Turkey Sandwiches on Wheat, Fresh Sliced Honeydew, Celery & Carrot Sticks w/ Ranch, Milk Cream Cheese Crepes, Banana, Water Tuesday, 03/27 Cinnamon Toast, Fresh Sliced Apples, Milk Chicken Fried Rice, Sweet Peas & Carrots, *Mango, Milk	Pancakes, Fresh Sliced Pears, Milk Smothered Chicken w/ Rosemary Potatoes, Corn Bread, *Diced Apples, Milk Tomato Pasta Salad, String Cheese, Water Wednesday, 03/28 Waffles, *Strawberries, Milk Blackened Salmon Wraps w/ Tartar Sauce, Garden Salad w/ Italian Dressing, Fresh Sliced Honeydew, Milk	Cheesy Cornbread, *Fresh Sliced Grapefruit, Milk Fiesta Rice Salad Bowl, (Corn, black beans, roasted red pepper, tomatoes, cheese, spinach), Fresh Sliced Cantaloupe, Milk Blueberry Squares, *Mango, Water Thursday, 03/29 Applesauce Muffins, Fresh Sliced Oranges, Milk Loaded Red Potatoes, Vegetarian Beans, Fresh Sliced Oranges, Garlic Bread, Milk	Vanilla Yogurt, Diced *Strawberries, Toasted Oats, Milk Turkey Ham Pizza on English Muffin w/Alfredo Sauce, Strawberry Spinach Salad, *Mixed Fruit, Milk Frozen Strawberry Treat, Wheat Crackers, Water Friday, 03/30 Apple Oatmeal, Fresh Sliced Pears Milk BBQ Pulled Chicken on Wheat, Potato Salad, *Diced Apples, Milk

Serving Size per Age Group	1-2 Years Old	3-5 Years Old	6-12 Years Old
Milk	½ cup	¾ CUP	1 cup
Fruit, Vegetables, Juice	¼ cup	½ cup	³∕₄ cup
Bread	1/2 slice	1/2 slice	1 slice
Cereal, Grain	¼ cup	¼ cup	½ cup
Meat/Meat Alternative	1 ounce	1½ ounces	2 ounces

* Fruit that arrives frozen (neither canned nor fresh)



Menu subject to change due to: 1. Choking hazards of infants & toddlers and 2. Known allergies of children in our care.

DHCDC is committed to serving only lean proteins (chicken, turkey, fish), maintaining a nut-free and pork-free facility, all vegetables or fresh or frozen, and preparing homemade meals.

DHCDC Chef, preparing all food and menus: Ms. Candisha Williams

This menu was approved by **Ms. Stacey McCalmon.** Should you have any inquiries, please contact her at: <u>smccalmon@dhcdc.com</u>